

Fine and Gross Motor Activity

May 22, 2020



SIDEWALK

CHALK

ICE

Lesson: May 22, 2020

Learning Targets:

**Sensory, Pincer Grasp,
Motor Planning,
Tactile**



Things Needed to Make Chalk Ice



Equipment

- Ice Cube Tray
- Mini Popsicle Sticks
- Cheese Grater
- Freezer

Ingredients

- 1 piece sidewalk chalk
- 2 tbsp cornstarch
- 4 tbsp water



Sidewalk Chalk Ice Recipe

Instructions

1. Start by grating a sidewalk chalk piece into a measuring cup that pours. Use a small grater if you can so that you can grate directly into the cup. If you don't have a small grater, then grate into a larger bowl and then transfer to a pouring cup. ***
2. Add 2 Tablespoons of cornstarch
3. Add 4 Tablespoons of water

***If you don't have a grater, place a small piece of chalk in a scrap of cloth or baggie and pound it gently with a mallet or hammer until it becomes a powder.

4. Mix with a whisk
5. Pour mixture into ice cube tray or small plastic container
6. Repeat for each color you want to make. Double or triple the recipe if you want to make a larger batch. This recipe will fill 2-3 ice cubes.
7. Add mini popsicle sticks into the ice cube trays. You can lean them to one side to keep them standing up.
8. Freeze



Have FUN and enjoy a day outside painting your sidewalk or driveway!

If you don't want to freeze it, just paint it on your sidewalk with a paintbrush

Have your student help you with the grating of the chalk

